



program

Claudio Jacomucci Sonic Meditation #1 (2024) for overtone singing and accordion

Alvin Lucier Music for accordion with slow sweep pure wave oscillators (1993)

Pauline Oliveros Rhythm Circle, heartbeat (2005)

Claudio Jacomucci Sonic Meditation #2 (2024) for instruments and field recordings

musician(s)

Claudio Jacomucci, accordion, overtone singing, Alexander Technique teacher

The concert may features one or two guests:

Simone Spinaci, overtone singing, guitar

Dario Calderone, doublebass, deep listening teacher

An introductory workshop (2 hours) exploring the practice of the Alexander Technique, Deep Listening and overtone singing, may also be presented by the main artist and also by the guests.

Audio demos

on demand

www.claudiojacomucci.com

A sound meditation is an immersive experience inspired by the practice of Deep Listening created by the American composer and accordionist Pauline Oliveros. Participants sit in a circle with the musicians. The performance has a ritual character and begins with a “warm-up” carried out according to the principles of the Alexander Technique. It serves as a tuning of mind and body, as preparation for the act of listening: by easing mental and physical tension, balancing posture, freeing the breath, participants can achieve greater awareness and sensitivity: in a contemplative state, the sound resonates in the body and imagination of each listener in a unique way, creating a collective experience aware of the process of transformation that involves both the performer and the audience.



Technical requirements

The approximate duration of the program is 75 minutes

Specifics:

4 Active speakers (quad): 2 front stages and 2 back

4 XRLcables (from the stage to the speakers, ca 20 meters

Power supplies available on stage

1 (or 2) chair

1 (or 3) music stands